

Beaver River Central School

Lunch Menu
12/1– 12/8
Reverse Side
12/11– 12/21

December 2023



Breakfast Choices

✓ Hot Entrée Listed
100% Fruit Juice, Fruit,
Assorted Cereal,
Nutri-Grain Bar or Cereal Bar
1% White Milk or FF White
Milk
All items available
A LA CARTE

Elementary Snack Drink \$.65

Meal Categories:

Breakfast Meal is free to
all students
Extra items are available
and priced accordingly

Prepayment for meals are
recommended at least by the
week or longer period of time

Checks Payable to:
BRCS LUNCH FUND

You can make online payments
and check your child's
account balance @
www.MySchoolBucks.com

An Application for Free or
Reduced Meal benefits may be
completed and submitted
anytime during the school year.
Call Mrs. Ashley Roes at
346-1211 Ext. 561 for
information

MON	TUE	WED	THU	FRI
				Bagel w/ Cream Cheese or Peanut Butter 1 <u>*Entrée Choose 1</u> *Pepperoni Pizza *Cheese Pizza *Macaroni and Cheese Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Canned Fruit Choices Assorted Fresh Fruit
Mini Cinnis 4 <u>*Entrée Choose 1</u> *Smokey BBQ Chicken Wrap *Crispy Chicken Wrap *(Gr.6-12) Spicy Chicken Wrap All w/ lettuce, cheese, & assorted sauces Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Roasted Broccoli Carrot Sticks Assorted Fresh Fruit Canned Fruit Choices	Sausage & Egg Breakfast Pizza 5 <u>*Entrée Choose 1</u> *(Gr. K-5) Chicken Nuggets *(MS/HS) Chicken and Cheese Quesadilla Wrap w/ Sour Cream & Salsa *Beef Goulash Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Tossed Romaine Salad w/ dressing Roasted Cauliflower Canned Fruit Choices Assorted Fresh Fruit	Hot egg, sausage, cheese on English Muffin 6 <u>*Entrée choose 1</u> *Mexican Taco's w/ Lettuce, Cheese, Salsa & Sour Cream *Escalloped Potatoes and Ham BRCS Cinnamon Roll <u>Vegetables and Fruit</u> Roasted Corn Kernels Refried Beans Seasoned Black Beans Assorted Fresh Fruit Canned Fruit Choices	Ham & Egg Breakfast Pizza 7 <u>*Entrée Choose 1</u> *Toasted Cheese Sandwich *Filet of Fish on Bun <u>Vegetables and Fruit</u> Tomato Soup Pasta / Vegetable Salad Carrot Sticks Canned Fruit Choices Assorted Fresh Fruit	Bagel w/ Cream Cheese or Peanut Butter 8 <u>*Entrée Choose 1</u> *Cheese Pizza *White Garlic Pizza *Chicken Bacon Ranch Pizza (MS/HS) *Macaroni & Cheese Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots Assorted Fresh Fruit Canned Fruit Choices

MON	TUE	WED	THU	FRI
Apple 11 Frudel *Entrée Choose 1 *French Toast Sticks w/ syrup and Sausage Patty *Hamburger on Bun Vegetables and Fruit Tater Tots Warm Applesauce Carrot Sticks Canned Fruit Choices Assorted Fresh Fruit	Sausage & Egg 12 Breakfast Pizza *Entrée Choose 1 *Ham Patty on Bun *Chicken Patty on Bun *(Gr. 6-12) Spicy Chicken Patty on bun Vegetables and Fruit Sweet Potato Fries Roasted Broccoli Assorted Fresh Fruit Canned Fruit Choices	Hot egg, ham cheese 13 on English Muffin *Entrée Choose 1 *Rib-que on Bun *Spaghetti w/ meat sauce Grated Cheese BRCS Made Italian Bread Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Green Beans 100% Fruit Juice December Birthday Cake	Ham & Egg 14 Breakfast Pizza *Entrée Choose 1 *Baked Mozzarella Sticks Marinara Sauce *Oriental Cherry Chicken - Grades (K-5) *Oriental General TSO Chicken - Grades (6-12) Whole Grain Bread and Butter Vegetables and Fruit Egg Roll Oriental Rice Roasted Broccoli Assorted Fresh Fruit Canned Fruit Choices	Bagel w/ Cream Cheese 15 or Peanut Butter *Entrée Choose 1 *Cheese Pizza *White Garlic Pizza *Buffalo Chicken Pizza (MS/HS) *Macaroni & Cheese Whole Grain Bread and Butter Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots Canned Fruit Choices Assorted Fresh Fruit
Cherry 18 Frudel *Entrée Choose 1 *Pulled Pork w/ BBQ Sauce on Bun *Popcorn Chicken Ranch and BBQ Sauces Whole Grain Bread and Butter Vegetables and Fruit Roasted Cauliflower / Broccoli Sweet Potato Fries Cabbage Salad Assorted Fresh Fruit Canned Fruit Choices	Sausage & Egg 19 Breakfast Pizza *Entrée Choose 1 *Stuffed Cheese & Pepperoni Calzone Pocket *Chicken Fajita (add lettuce, cheese, Tomato, sour cream) Whole Grain Bread and Butter Vegetables and Fruit Roasted Corn Refried Beans Seasoned Black Beans Canned Fruit Choices Assorted Fresh Fruit	Hot egg, sausage, cheese 20 on English Muffin  *Entrée Choose 1 Holiday Dinner *Turkey/Gravy w/dressing *Ham Patty on Bun BRCS Cinnamon Roll Vegetables and Fruit Butternut Squash Mashed Potatoes Seasoned Peas Cranberry Sauce 100% Fruit Juice Frosted Christmas Cookie	Ham & Egg 21 Breakfast Pizza *Entrée Choose 1 *Hamburg on Bun *Hotdog on Bun Chili-n-Beans Vegetables and Fruit Oven Fries Baked Beans Seasoned Carrots Canned Fruit Choices Assorted Fresh Fruit	Christmas Holiday Recess Dec. 22 - Jan. 1 No School



Lunch Choices

Daily Elementary Choices:

- ✓ Hot Entrée Listed
- Chef Salad w/ Crackers or Wheat Bread
- PB&J Sandwich
- Yogurt w/ Crackers or Wheat Bread

Daily MS/HS Choices:

- ✓ Hot Entrée Listed
- Salad Bar w/ Crackers or Wheat Roll
- Deli Sandwich / Soup, Crackers
- Yogurt Parfait w/ Crackers or Wheat Bread
- Nacho's with Cheese Sauce

Milk Choices:

- 1% White, FF White or FF Chocolate Milk

All Bread / Buns:

- 100% Whole Wheat or 51% Whole Grain

****All Students MUST choose**

(1) Vegetable OR (1) Fruit,

- May choose up to (2) or (3) Vegetables

Grades K-8:

- May choose up to (1) Fruit

Grades 9-12:

- May choose (1) or (2) Fruit

Meal Categories:

- Lunch Meal is free for all students
- Extra Entree: Elem - \$2.30
- MS/HS - \$2.40

