# **Beaver River** Central School

Lunch Menu 2/1 - 2/9 Reverse side 2/12 - 2/29

# February 2024



## **Breakfast Choices**

✓ Hot Entrée Listed 100% Fruit Juice, Fruit. Assorted Cereal. Nutri-Grain Bar or Cereal Bar 1% White Milk or FF White Milk All items available A LA CARTE

Elementary Snack Drink \$.65

#### **Meal Categories:**

Breakfast Meal is free to all students Extra items are available and priced accordingly

Prepayment for meals are recommended at least by the week or longer period of time

#### Checks Payable to: **BRCS LUNCH FUND**

You can make online payments and check your child's account balance @ www.MySchoolBucks.com

An Application for Free or Reduced Meal benefits may be completed and submitted anytime during the school year. Call Mrs. Ashley Roes at 346-1211 Ext. 561 for information

Mon TUE WED

THU Fri

> Ham & Egg Breakfast Pizza

### \*Entrée Choose 1

\*Toasted Cheese Sandwich \*Filet of Fish on Bun

Bagel w/ Cream Cheese

or Peanut Butter

\*Entrée Choose 1

- \*Pepperoni Pizza \*Cheese Pizza
- \*Macaroni and Cheese

Whole Grain Bread and Butter

#### **Vegetables and Fruit**

Tomato Soup Pasta / Vegetable Salad Carrot Sticks

Canned Fruit Choices Assorted Fresh Fruit

#### Vegetables and Fruit

Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans

Assorted Fresh Fruit Canned Fruit Choices

\*Entrée Choose 1

\*Smokey BBO Chicken Wrap \*Crispy Chicken Wrap

Mini

Cinnis

\*(Gr.6-12) Spicy Chicken Wrap All w/ lettuce, cheese, & assorted sauces

Whole Grain Bread and Butter

#### Vegetables and Fruit

Roasted Broccoli Carrot Sticks

Canned Fruit Choices Assorted Fresh Fruit

Sausage & Egg

Breakfast Pizza

#### \*Entrée Choose 1

\*Mini Corn Dogs \*Boneless Chicken Wings w/ Ranch & BBO Sauces

Whole Grain Bread and Butter

#### Vegetables and Fruit

Seasoned Carrots Seasoned Green Peas Mashed Potatoes / Gravy

Assorted Fresh Fruit Canned Fruit Choices Hot egg, sausage, cheese on English Muffin

#### \*Entrée choose 1

\*Rib-que on Bun \*Spaghetti w/ meat sauce Grated Cheese

**BRCS** Made Italian Bread

#### Vegetables and Fruit

Tossed Romaine Salad w/ dressing Roasted Green Beans

100% Fruit Juice February Birthday Cake

#### \*Entrée Choose 1

Ham & Egg

Breakfast Pizza

\*Baked Mozzarella Sticks Marinara Sauce \*Oriental Cherry Chicken - Grades (K-5) \*Oriental General TSO Chicken - Grades (6-12)

Whole Grain Bread and Butter

#### Vegetables and Fruit

Egg Roll Oriental Rice Roasted Broccoli

Assorted Fresh Fruit Canned Fruit Choices

## \*Entrée Choose 1

Bagel w/ Cream Cheese

or Peanut Butter

\*Cheese Pizza \*White Garlic Pizza \*Buffalo Chicken Pizza (MS/HS)

\*Macaroni & Cheese

Whole Grain Bread and Butter

### Vegetables and Fruit

Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots

Canned Fruit Choices Assorted Fresh Fruit

Mon	TUE	WED	Тни	Fri	I
Mini French Toast  *Entrée Choose 1 *Pulled Pork w/ BBQ Sauce on Bun *Popcorn Chicken Ranch and BBQ Sauces	Sausage & Egg Breakfast Pizza  *Entrée Choose 1  *Chicken Drumsticks *Cheese Stuffed Ravioli In Sauce	Hot egg, ham, cheese On English Muffin VALENTINE'S DAY *Entrée Choose 1  *Mexican Taco's w/ (Lettuce, cheese, salsa & Sour Cream) *Escalloped Potatoes And Ham	Ham & Egg Breakfast Pizza  *Entrée Choose 1 *Hot Turkey / Gravy On Biscuit *Hamburg on Bun	Bagel w/ Cream Cheese or Peanut Butter  *Entrée Choose 1  *Shrimp Poppers String Cheese *Filet of Fish on Bun Cocktail Sauce Tartar Sauce	<u>D</u>
Whole Grain Bread and Butter  Vegetables and Fruit Roasted Cauliflower / Broccoli Sweet Potato Fries Cabbage Salad  Canned Fruit Choices Assorted Fresh Fruit	Whole Grain Bread and Butter  Vegetables and Fruit Butternut Squash Potato Rounds Seasoned Peas  Assorted Fresh Fruit Canned Fruit Choices	BRCS Cinnamon Roll  Vegetables and Fruit Roasted Corn Kernels Refried Beans Seasoned Black Beans  Canned Fruit Choices Assorted Fresh Fruit	Vegetables and Fruit Mashed Potatoes Roasted Corn Kernels Butternut Squash Assorted Fresh Fruit Canned Fruit Choices	Whole Grain Bread and Butter  Vegetables and Fruit Cabbage Salad Oven Fries Steamed Fresh Spinach  Applesauce Peanut Butter Cookie	S Deli Yo
President's Day No School	Mid Winter Recess February 19 - 23 No School	21	I Winter Break!	23	**A
Mini 26 Waffles	Sausage & Egg 27 Breakfast Pizza	Hot egg, sausage, cheese 28 on English Muffin	Breakfast Pizza	• •	M
*Entrée Choose 1  *Ham Patty on Bun *Chicken Patty on Bun *(Gr. 6-12) Spicy Chicken Patty on Bun	*Entrée Choose 1  *French Toast Sticks w/ syrup and Sausage Patty *Hamburger on Bun	*Entrée Choose 1 *Rib-que on Bun *Rotini Pasta w/ meat sauce Grated Cheese	*Entrée Choose 1  *Baked Mozzarella Sticks Marinara Sauce *Oriental Cherry Chicken - Grades (K-5)  *Oriental General TSO Chicken - Grades (6-12)		M
Vegetables and Fruit Sweet Potato Fries Roasted Broccoli	Vegetables and Fruit Tater Tots Warm Applesauce Carrot Sticks	BRCS Made Italian Bread  Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Green Beans	Whole Grain Bread and Butter  Vegetables and Fruit Egg Roll Oriental Rice Roasted Broccoli		E:
Canned Fruit Choices Assorted Fresh Fruit	Assorted Fresh Fruit Canned Fruit Choices	Canned Fruit Choices Assorted Fresh Fruit	Assorted Fresh Fruit Canned Fruit Choices	•	(

# **Lunch Choices**

#### Daily Elementary Choices:

✓ Hot Entrée Listed Chef Salad w/ Crackers or Wheat Bread PB&J Sandwich Yogurt w/ Crackers or Wheat Bread

#### Daily MS/HS Choices:

✓ Hot Entrée Listed Salad Bar w/ Crackers or Wheat Roll li Sandwich / Soup, Crackers ogurt Parfait w/ Crackers or Wheat Bread Nacho's with Cheese Sauce

Milk Choices: 1% White, FF White or FF Chocolate Milk

All Bread / Buns: 100% Whole Wheat or 51% Whole Grain

#### All Students MUST choose 1) Vegetable OR (1) Fruit, May choose up to

(2) or (3) Vegetables

Grades K-8:
May choose up to (1) Fruit

Grades 9-12:
May choose (1) or (2) Fruit

**Meal Categories:** Lunch Meal is free for all students Extra Entree: Elem - \$2.30 MS/HS - \$2.40

