

# Beaver River Central School

Lunch Menu  
3/1 - 3/8  
Reverse Side  
3/11 - 3/29



# March 2024



## Breakfast Choices

✓ Hot Entrée Listed  
100% Fruit Juice, Fruit,  
Assorted Cereal,  
Nutri-Grain Bar or Cereal Bar  
1% White Milk or FF White  
Milk  
All items available  
A LA CARTE

Elementary Snack Drink \$.65

### Meal Categories:

Breakfast Meal is free to  
all students

Extra items are available  
and priced accordingly


Prepayment for meals are  
recommended at least by the  
week or longer period of time

Checks Payable to:  
**BRCS LUNCH FUND**

You can make online payments  
and check your child's  
account balance @  
[www.MySchoolBucks.com](http://www.MySchoolBucks.com)

An Application for Free or  
Reduced Meal benefits may be  
completed and submitted  
anytime during the school year.  
Call Mrs. Ashley Roes at  
346-1211 Ext. 561 for  
information

MON	TUE	WED	THU	FRI
				Bagel w/ Cream Cheese Or Peanut Butter
				<b>*Entrée Choose 1</b> *Cheese Pizza *White Garlic Pizza *Chicken Bacon Ranch Pizza (MS/HS) *Macaroni & Cheese  Whole Grain Bread and Butter  <b>Vegetables and Fruit</b> Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots  Assorted Fresh Fruit Canned Fruit Choices
Apple Frudel 4	Sausage & Egg Breakfast Pizza 5	Hot egg, ham, cheese on English Muffin 6	Ham & Egg Breakfast Pizza 7	Bagel w/ Cream Cheese Or Peanut Butter 8
<b>*Entrée Choose 1</b> *Hamburg on Bun *Hot dog on Bun	<b>*Entrée Choose 1</b> *Stuffed Cheese & Pepperoni Calzone Pocket *Chicken Fajita (add lettuce, cheese, tomato & sour cream)	<b>*Entrée Choose 1</b> *Mexican Taco's w/ Lettuce, Cheese, Salsa & Sour Cream *Escalloped Potatoes and Ham	<b>*Entrée Choose 1</b> *Baked Mozzarella Sticks w/ Marinara Sauce *Oriental Cherry Chicken (Grades K-5) *Oriental General TSO Chicken (Grades 6-12)	<b>*Entrée Choose 1</b> *Pepperoni Pizza *Cheese Pizza *Macaroni & Cheese
Chili-n-Beans	Whole Grain Bread and Butter	BRCS Cinnamon Roll	Whole Grain Bread and Butter	Whole Grain Bread and Butter
<b>Vegetables and Fruit</b> Oven Fries Baked Beans Seasoned Carrots	<b>Vegetables and Fruit</b> Roasted Corn Refried Beans Seasoned Black Beans	<b>Vegetables and Fruit</b> Roasted Corn Kernels Refried Beans Seasoned Black Beans	<b>Vegetables and Fruit</b> Egg Roll Oriental Rice Roasted Broccoli	<b>Vegetables and Fruit</b> Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots
Canned Fruit Choices Assorted Fresh Fruit	Assorted Fresh Fruit Canned Fruit Choices	Canned Fruit Choices Assorted Fresh Fruit	Assorted Fresh Fruit Canned Fruit Choices	Canned Fruit Choices Assorted Fresh Fruit

MON	TUE	WED	THU	FRI
Cherry Frudel 11 <b>*Entrée Choose 1</b> *Mini Corn Dogs *Boneless Chicken Wings w/ Ranch & BBQ Sauces  Whole Grain Bread and Butter  <b>Vegetables and Fruit</b> Seasoned Carrots Seasoned Green Peas Mashed Potatoes / Gravy  Assorted Fresh Fruit Canned Fruit Choices	Sausage & Egg Breakfast Pizza 12 <b>*Entrée Choose 1</b> *Smokey BBQ Chicken on Bun * Chicken Patty on Bun *(Gr.6-12) Spicy Chicken Patty on Bun  <b>Vegetables and Fruit</b> Oven Fries Roasted Broccoli Roasted Garbanzo Beans  Canned Fruit Choices Assorted Fresh Fruit	Hot egg, sausage, cheese On English Muffin 13 <b>*Entrée Choose 1</b> *Rib-que on Bun *Spaghetti w/ meat sauce Grated Cheese  BRCS Made Italian Bread  <b>Vegetables and Fruit</b> Tossed Romaine Salad w/ dressing Roasted Green Beans  100% Fruit Juice March Birthday Cake	Ham & Egg Breakfast Pizza 14 <b>*Entrée Choose 1</b> *Chicken Drumsticks *Cheese Stuffed Ravioli In sauce  Whole Grain Bread and Butter  <b>Vegetables and Fruit</b> Butternut Squash Potato Rounds Seasoned Peas  Canned Fruit Choices Assorted Fresh Fruit	Bagel w/ Cream Cheese or Peanut Butter 15 <b>*Entrée Choose 1</b> *Shrimp Poppers String Cheese *Fish on Bun Cocktail Sauce Tartar Sauce  Whole Grain Bread and Butter  <b>Vegetables and Fruit</b> Cabbage Salad Oven Fries Steamed Fresh Spinach  Applesauce Peanut Butter Cookie
18 <b>Superintendents Day</b>  <b>No School</b>	Sausage & Egg Breakfast Pizza 19 <b>*Entrée Choose 1</b> *Pulled Pork w/ BBQ Sauce on Bun *Popcorn Chicken Ranch & BBQ Sauces  Whole Grain Bread and Butter  <b>Vegetables and Fruit</b> Roasted Cauliflower/Broccoli Sweet Potato Fries Cabbage Salad  Canned Fruit Choices Assorted Fresh Fruit	Hot egg, ham, cheese on English Muffin 20 <b>*Entrée Choose 1</b> *Mexican Taco's w/ (Lettuce, Cheese, Salsa & Sour Cream) *Escalloped Potatoes and Ham  BRCS Cinnamon Roll  <b>Vegetables and Fruit</b> Roasted Corn Kernels Refried Beans Seasoned Black Beans  Assorted Fresh Fruit Canned Fruit Choices	Ham & Egg Breakfast Pizza 21 <b>*Entrée Choose 1</b> *Baked Mozzarella Sticks Marinara Sauce *Oriental Cherry Chicken - Grades (K-5) *Oriental General TSO Chicken - Grades (6-12)  Whole Grain Bread and Butter  <b>Vegetables and Fruit</b> Egg Roll w/ Sweet & Sour Sauce Oriental Rice Roasted Broccoli  Canned Fruit Choices Assorted Fresh Fruit	Bagel w/ Cream Cheese or Peanut Butter 22 <b>*Entrée Choose 1</b> *Cheese Pizza *Garlic Pizza *Buffalo Chicken Pizza (MS/HS) *Macaroni & Cheese  Whole Grain Bread and Butter  <b>Vegetables and Fruit</b> Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots  Assorted Fresh Fruit Canned Fruit Choices
Mini Cinnis 25 <b>*Entrée Choose 1</b> *Hamburg on Bun *Hot dog on Bun  Chili-n-Beans  <b>Vegetables and Fruit</b> Oven Fries Baked Beans Seasoned Carrots  Canned Fruit Choices Assorted Fresh Fruit	Sausage & Egg Breakfast Pizza 26 <b>*Entrée Choose 1</b> *Smokey BBQ Chicken Wrap *Crispy Chicken Wrap *Spicy Chicken Wrap (Gr.6-12) All w/ lettuce, cheese & Assorted sauces  Whole Grain Bread and Butter  <b>Vegetables and Fruit</b> Roasted Broccoli Carrot Sticks  Assorted Fresh Fruit Canned Fruit Choices	Hot egg, sausage, cheese On English Muffin 27 <b>*Entrée Choose 1</b> *Rib-que on Bun *Rotini Pasta w/ meat sauce Grated Cheese  BRCS Made Italian Bread  <b>Vegetables and Fruit</b> Tossed Romaine Salad w/ dressing Roasted Green Beans  Canned Fruit Choices Assorted Fresh Fruit	Ham & Egg Breakfast Pizza 28 <b>*Entrée Choose 1</b> *Stuffed Cheese & Pepperoni Calzone Pocket *Chicken Fajita (add lettuce, cheese, Tomato, sour cream)  Whole Grain Bread and Butter  <b>Vegetables and Fruit</b> Roasted Corn Refried Beans Seasoned Black Beans  Assorted Fresh Fruit Canned Fruit Choices	29 <b>Good Friday</b>   <b>No School</b>

## Lunch Choices

### Daily Elementary Choices:

- ✓ Hot Entrée Listed
- Chef Salad w/ Crackers or Wheat Bread
- PB&J Sandwich
- Yogurt w/ Crackers or Wheat Bread

### Daily MS/HS Choices:

- ✓ Hot Entrée Listed
- Salad Bar w/ Crackers or Wheat Roll
- Deli Sandwich / Soup, Crackers
- Yogurt Parfait w/ Crackers or Wheat Bread
- Nacho's with Cheese Sauce

### Milk Choices:

- 1% White, FF White or FF Chocolate Milk

### All Bread / Buns:

- 100% Whole Wheat or 51% Whole Grain

### **\*\* All Students MUST choose (1) Vegetable OR (1) Fruit,**

- May choose up to (2) or (3) Vegetables

### Grades K-8:

- May choose up to (1) Fruit

### Grades 9-12:

- May choose (1) or (2) Fruit

### Meal Categories:

- Lunch Meal is free for all students
- Extra Entrée: Elem - \$2.30
- MS/HS - \$2.40

