

Beaver River Central School

Lunch Menu
4/1- 4/12
Reverse Side
4/15 - 4/30

April 2024



MON	TUE	WED	THU	FRI
No School Easter Monday	1 Sausage and Egg Breakfast Pizza <u>*Entrée Choose 1</u> *Chicken Nuggets *Mini Corn Dogs Ranch & BBQ Sauces Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Mashed Potatoes / Gravy Roasted Corn Seasoned Carrots Assorted Fresh Fruit Canned Fruit Choices	2 Hot egg, ham, and cheese on English Muffin <u>*Entrée Choose 1</u> *Mexican Tacos w/ Lettuce, Cheese, Salsa, & Sour Cream * Escalloped Potatoes and Ham BRCS Cinnamon Roll <u>Vegetables and Fruit</u> Roasted Corn Kernels Refried Beans Seasoned Black Beans Canned Fruit Choices Assorted Fresh Fruit	3 Ham and Egg Breakfast Pizza <u>*Entrée Choose 1</u> *Baked Mozzarella Sticks w/ Marinara Sauce *Oriental Cherry Chicken (Gr. K-5) *Oriental General TSO Chicken (Gr. 6-12) Whole Grain Bread & Butter <u>Vegetables and Fruit</u> Egg Rolls w/ Sweet & Sour Sauce Oriental Rice Roasted Broccoli Assorted Fresh Fruit Canned Fruit Choices	4 Bagel w/ Cream Cheese or Peanut Butter <u>*Entrée Choose 1</u> *Cheese Pizza *White Garlic Pizza *Chicken Bacon Ranch Pizza (MS/HS) *Macaroni & Cheese Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots Canned Fruit Choices Assorted Fresh Fruit
Mini Waffles <u>*Entrée Choose 1</u> *Blackout Burger (Gr.K-12) Bacon Cheeseburger on Bun *Hot Dog on Bun (Gr.6-12)	8 Sausage and Egg Breakfast Pizza <u>*Entrée Choose 1</u> *(Gr. K-5)Chicken Nuggets *(Gr. 6-12) Chicken and Cheese Quesadilla Wrap w/ Sour Cream & Salsa *Beef Goulash Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Oven Fries Baked Beans Carrot Sticks Assorted Fresh Fruit Canned Fruit Choices	9 Hot egg, sausage, cheese on English Muffin <u>*Entrée Choose 1</u> *Rib-que on Bun *Rotini w/ meat sauce Grated Cheese BRCS Made Italian Bread <u>Vegetables and Fruit</u> Tossed Romaine Salad w/ dressing Roasted Green Beans 100% Fruit Juice April Birthday Cake	10 Ham and Egg Breakfast Pizza <u>*Entrée Choose 1</u> *Toasted Cheese Sandwich *Filet of Fish on Bun Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Tomato Soup Pasta / Vegetable Salad Carrot Sticks Canned Fruit Choices Assorted Fresh Fruit	11 Bagel w/ Cream Cheese or Peanut Butter <u>*Entrée Choose 1</u> *Pepperoni Pizza *Cheese Pizza *Macaroni & Cheese Whole Grain Bread and Butter <u>Vegetables and Fruit</u> Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Assorted Fresh Fruit Canned Fruit Choices

Breakfast Choices

✓ Hot Entrée Listed
100% Fruit Juice, Fruit,
Assorted Cereal,
Nutri-Grain Bar or Cereal Bar
1% White Milk or FF White
Milk
All items available
A LA CARTE

Elementary Snack Drink \$.65

Meal Categories:

Breakfast Meal is free to
all students
Extra Items are available
And priced accordingly

Prepayment for meals are
recommended at least by the
week or longer period of time

Checks Payable to:
BRCS LUNCH FUND

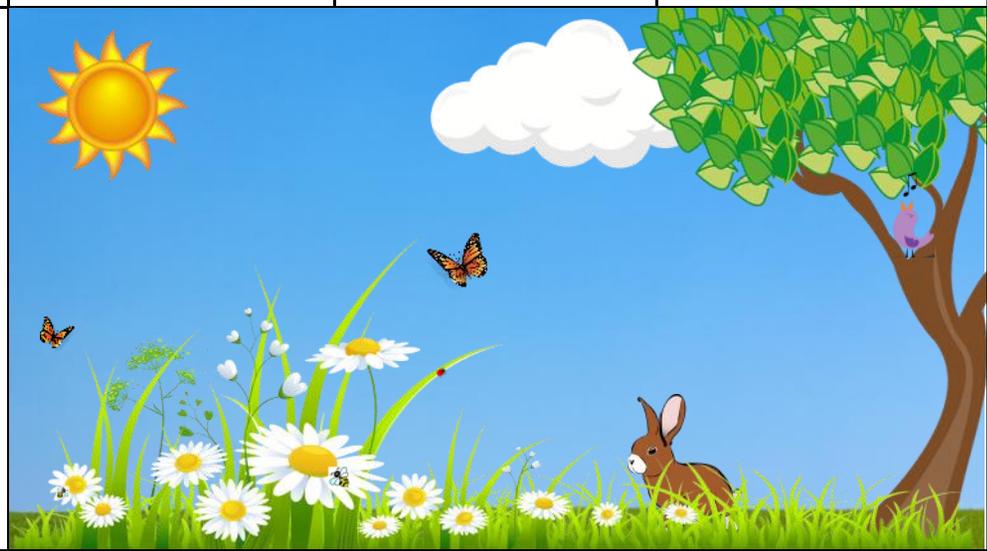
You can make online payments
and check your child's
account balance @
www.MySchoolBucks.com

An Application for Free or
Reduced Meal benefits may be
completed and submitted
anytime during the school year.
Call Mrs. Ashley Roes at
315-346-1211 Ext. 561 for
information

MON	TUE	WED	THU	FRI
<p>Apple 15 Frudel</p> <p>*Entrée Choose 1 *Smokey BBQ Chicken Wrap *Crispy Chicken Wrap *Spicy Chicken Wrap (Gr.6-12) All w/ lettuce, cheese & Assorted sauces</p> <p>Whole Grain Bread and Butter Vegetables and Fruit Roasted Broccoli Carrot Sticks</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Sausage and Egg 16 Breakfast Pizza</p> <p>*Entrée Choose 1 *Chicken Drumsticks *Cheese Stuffed Ravioli In sauce</p> <p>Whole Grain Bread and Butter Vegetables and Fruit Butternut Squash Potato Rounds Seasoned Peas</p> <p>Assorted Fresh Fruit Canned Fruit Choices</p>	<p>Hot egg, ham, and cheese 17 on English Muffin</p> <p>*Entrée Choose 1 *Mexican Tacos w/ Lettuce, Cheese, Salsa, & Sour Cream * Escalloped Potatoes and Ham</p> <p>BRCs Cinnamon Roll Vegetables and Fruit Roasted Corn Kernels Refried Beans Seasoned Black Beans</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Ham and Egg 18 Breakfast Pizza</p> <p>*Entrée Choose 1 *Baked Mozzarella Sticks w/ Marinara Sauce *Oriental Cherry Chicken (Gr. K-5) *Oriental General TSO Chicken (Gr. 6-12)</p> <p>Whole Grain Bread & Butter Vegetables and Fruit Egg Rolls w/ Sweet & Sour Sauce Oriental Rice Roasted Broccoli</p> <p>Assorted Fresh Fruit Canned Fruit Choices</p>	<p>Bagel w/ Cream Cheese 19 Or Peanut Butter</p> <p>*Entrée Choose 1 *Shrimp Poppers w/ String Cheese *Fish on Bun Cocktail Sauce Tartar Sauce</p> <p>Whole Grain Bread and Butter Vegetables and Fruit Cabbage Salad Oven Fries Steamed Fresh Spinach</p> <p>Applesauce Peanut Butter Cookie</p>
22	23	24	25	26

April 22 - 26 Spring Recess No School

<p>Cherry 29 Frudel</p> <p>*Entrée Choose 1 *Ham Patty on Bun *Chicken Patty on Bun *(Gr.6-12) Spicy Chicken Patty on Bun</p> <p>Vegetables and Fruit Sweet Potato Fries Roasted Broccoli</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Sausage and Egg 30 Breakfast Pizza</p> <p>*Entrée Choose 1 *Mini Corn Dogs *Boneless Chicken Wings w/ Ranch & BBQ Sauces</p> <p>Whole Grain Bread and Butter Vegetables and Fruit Seasoned Carrots Seasoned Green Peas Mashed Potatoes / Gravy</p> <p>Assorted Fresh Fruit Canned Fruit Choices</p>
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Lunch Choices

Daily Elementary Choices:

- ✓ Hot Entrée Listed
- Chef Salad w/ Crackers or Wheat Bread
- PB&J Sandwich
- Yogurt w/ Crackers or Wheat Bread

Daily MS/HS Choices:

- ✓ Hot Entrée Listed
- Salad Bar w/ Crackers or Wheat Roll
- Deli Sandwich / Soup, Crackers
- Yogurt Parfait w/ Crackers or Wheat Bread
- Nacho's with Cheese Sauce

Milk Choices:

- 1% White, FF White or FF Chocolate Milk

All Bread / Buns:

- 100% Whole Wheat or 51% Whole Grain

**All Students MUST choose (1) Vegetable OR (1) Fruit,

- May choose up to (2) or (3) Vegetables

Grades K-8:

- May choose up to (1) Fruit

Grades 9-12:

- May choose (1) or (2) Fruit

Meal Categories:

- Lunch Meal is free for all students
- Extra Entrée: Elem - \$2.30
- MS/HS - \$2.40

