


Beaver River Central School

Menu
5/1 - 5/10
Reverse side
5/13 - 5/31

May 2024



MON	TUE	WED	THU	FRI
		Hot egg, sausage, cheese on English Muffin 1 *Entrée Choose 1 *Rib-que on Bun *Spaghetti w/ meat sauce Grated Cheese BRCS made Italian Bread Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Green Beans 100% Fruit Juice May Birthday Cake	Ham & Egg Breakfast Pizza 2 *Entrée Choose 1 *Baked Mozzarella Sticks Marinara Sauce *Oriental Cherry Chicken - Grades (K-5) *Oriental General TSO Chicken - Grades (6-12) Whole Grain Bread and Butter Vegetables and Fruit Egg Roll w/ Sweet & Sour Sauce Oriental Rice Roasted Broccoli Assorted Fresh Fruit Canned Fruit Choices	Bagel w/ Cream Cheese or Peanut Butter 3 *Entrée Choose 1 *Cheese Pizza *White Garlic Pizza *Buffalo Chicken Pizza (MS/HS) *Macaroni & Cheese Whole Grain Bread and Butter Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots Canned Fruit Choices Assorted Fresh Fruit
	Mini French Toast 6 *Entrée Choose 1 *Pulled Pork w/ BBQ Sauce on Bun *Popcorn Chicken Ranch and BBQ Sauces Whole Grain Bread and Butter Vegetables and Fruit Roasted Cauliflower/Broccoli Sweet Potato Fries Cabbage Salad Assorted Fresh Fruit Canned Fruit Choices	Sausage & Egg Breakfast Pizza 7 *Entrée Choose 1 *Stuffed Cheese & Pepperoni Calzone Pocket *Chicken Fajita (add lettuce, cheese, tomato, sour cream) Whole Grain Bread and Butter Vegetables and Fruit Roasted Corn Refried Beans Seasoned Black Beans Canned Fruit Choices Assorted Fresh Fruit	Hot egg, ham, cheese on English Muffin 8 *Entrée choose 1 *Mexican Tacos w/ Lettuce, Cheese, Salsa, & Sour Cream *Escalloped Potatoes and Ham BRCS Cinnamon Roll Vegetables and Fruit Roasted Corn Kernels Refried Beans Seasoned Black Beans Assorted Fresh Fruit Canned Fruit Choices	Ham & Egg Breakfast Pizza 9 *Entrée Choose 1 *Mini Corn Dogs *Boneless Chicken Wings Ranch and BBQ Sauces Whole Grain Bread and Butter Vegetables and Fruit Seasoned Carrots Seasoned Green Peas Mashed Potatoes/ Gravy Canned Fruit Choices Assorted Fresh Fruit

Breakfast Choices

✓ Hot Entrée Listed
100% Fruit Juice, Fruit,
Assorted Cereal,
Nutri-Grain Bar or Cereal Bar
1% White Milk or FF White
Milk
All items available
A LA CARTE

Elementary Snack Drink \$.65

Meal Categories:

Breakfast Meal is free to
all students
Extra items are available
And priced accordingly

Prepayment for meals are
recommended at least by the
week or longer period of time

Checks Payable to:
BRCS LUNCH FUND

You can make online payments
and check your child's
account balance @
www.MySchoolBucks.com

An Application for Free or
Reduced Meal benefits may be
completed and submitted
anytime during the school year.
Call Mrs. Ashley Roes at
346-1211 Ext. 561 for
information

MON	TUE	WED	THU	FRI
<p>Mini Cinnis 13</p> <p>*Entrée Choose 1 *Smokey BBQ Chicken Wrap *Crispy Chicken Wrap *Spicy Chicken Wrap (Gr.6-12) All w/ lettuce, cheese & Assorted sauces</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Roasted Broccoli Carrot Sticks Roasted Garbanzo Beans</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Sausage & Egg Breakfast Pizza 14</p> <p>*Entrée Choose 1 *Chicken Drum Sticks *Cheese Stuffed Ravioli in Sauce</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Butternut Squash Potato Rounds Seasoned Peas</p> <p>Assorted Fresh Fruit Canned Fruit Choices</p>	<p>Hot egg, sausage, cheese on English Muffin 15</p> <p>*Entrée Choose 1 *Stuffed Cheese & Pepperoni Calzone Pocket (Gr.K-5) *Chicken Patty on Bun *Chicken Parmesan w/ Spaghetti (Gr 6-12)</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Green Beans</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Ham & Egg Breakfast Pizza 16</p> <p>*Entrée Choose 1 *French Toast Sticks w/ Maple Syrup & Sausage Patty *Hamburg on Bun</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Tater Tots Warm Applesauce Carrot Sticks</p> <p>Assorted Fresh Fruit Canned Fruit Choices</p>	<p>Bagel w/ Cream Cheese or Peanut Butter 17</p> <p>*Entrée Choose 1 *Shrimp Poppers w/ String Cheese *Filet of Fish on Bun Cocktail Sauce Tartar Sauce</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Cabbage Salad Oven Fries Steamed Fresh Spinach</p> <p>Applesauce Peanut Butter Cookie</p>
<p>Mini Waffles 20</p> <p>*Entrée Choose 1 *Smokey BBQ Chicken on Bun *Chicken Patty on Bun *(Gr.6-12) Spicy Chicken Patty on Bun</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Oven Fries Roasted Broccoli</p> <p>Assorted Fresh Fruit Canned Fruit Choices</p>	<p>Sausage & Egg Breakfast Pizza 21</p> <p>*Entrée Choose 1 *Mini Corn Dogs *Boneless Chicken Wings Ranch and BBQ Sauces</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Butternut Squash Seasoned Green Peas Mashed Potatoes/ Gravy</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Hot egg, ham, cheese on English Muffin 22</p> <p>*Entrée Choose 1 *Rib-que on Bun *Rotini Pasta w/ Meat Sauce Grated Cheese</p> <p>BRCS Made Italian Bread</p> <p>Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Green Beans</p> <p>Assorted Fresh Fruit Canned Fruit Choices</p>	<p>Ham & Egg Breakfast Pizza 23</p> <p>*Entrée Choose 1 *Cheese Pizza *White Garlic Pizza *Chicken Bacon Ranch Pizza (MS/HS) *Macaroni & Cheese</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>24</p> <p style="text-align: center;">NO SCHOOL</p> <p style="text-align: center;">(Memorial Day Weekend)</p>
<p>27</p> <p style="text-align: center;"> NO SCHOOL</p>	<p>Sausage & Egg Breakfast Pizza 28</p> <p>*Entrée Choose 1 *Hamburg on Bun *Hot Dog on Bun</p> <p>Chili-n-Beans</p> <p>Vegetables and Fruit Oven Fries Baked Beans Seasoned Carrots</p> <p>Assorted Fresh Fruit Canned Fruit Choices</p>	<p>Hot egg, sausage, cheese on English Muffin 29</p> <p>*Entrée Choose 1 *Mexican Tacos w/ (Lettuce, Cheese, Salsa & Sour Cream) *Escalloped Potatoes and Ham</p> <p>BRCS Cinnamon Roll</p> <p>Vegetables and Fruit Roasted Corn Kernels Refried Beans Seasoned Black Beans</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Ham & Egg Breakfast Pizza 30</p> <p>*Entrée Choose 1 *Baked Mozzarella Sticks Marinara Sauce *Oriental Cherry Chicken - Grades (K-5) *Oriental General TSO Chicken - Grades (6-12)</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Egg Roll w/ Sweet & Sour Sauce Oriental Rice Roasted Broccoli</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>	<p>Bagel w/ Cream Cheese or Peanut Butter 31</p> <p>*Entrée Choose 1 *Cheese Pizza *White Garlic Pizza *Buffalo Chicken Pizza (MS/HS) *Macaroni & Cheese</p> <p>Whole Grain Bread and Butter</p> <p>Vegetables and Fruit Tossed Romaine Salad w/ dressing Roasted Garbanzo Beans Seasoned Carrots</p> <p>Canned Fruit Choices Assorted Fresh Fruit</p>

Lunch Choices

Daily Elementary Choices:

- ✓ Hot Entrée Listed
- Chef Salad w/ Crackers or Wheat Bread
- PB&J Sandwich
- Yogurt w/ Crackers or Wheat Bread

Daily MS/HS Choices:

- ✓ Hot Entrée Listed
- Salad Bar w/ Crackers or Wheat Roll
- Deli Sandwich / Soup, Crackers
- Yogurt Parfait w/ Crackers or Wheat Bread
- Nacho's with Cheese Sauce

Milk Choices:

- 1% White, FF White or FF Chocolate Milk

All Bread / Buns:

- 100% Whole Wheat or 51% Whole Grain

****All Students MUST choose (1) Vegetable OR (1) Fruit,**

- May choose up to (2) or (3) Vegetables

Grades K-8:

- May choose up to (1) Fruit

Grades 9-12:

- May choose (1) or (2) Fruit

Meal Categories:

- Lunch Meal is free for all students
- Extra Entrée: Elem - \$2.30
- MS/HS - \$2.40

